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**Continuing
Education**

**for AZ & CA
Behavioral
Health
Professionals**

EMPACT - SPC

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42nd ANNUAL

SWS 2010

**Southwestern School for
Behavioral Health Studies**



AUGUST 22nd to 26th, 2010

**"The Mindful Self in Recovery:
Building Healthy Communities
One Person at a Time"**

Participating Agencies:

Cenpatico Behavioral Health of Arizona, Inc.
Chicanos Por La Causa
Community Partnership of Southern Arizona
Gila River Behavioral Health Service
La Frontera Arizona
Magellan Health Services of Arizona, Inc.
New Arizona Family, Inc.
Pascua Yaqui, Centered Spirit Program
Phoenix Area Indian Health Service
Providence Service Corporation
Superstition Mountain Mental Health Center
Youth Evaluation & Treatment Centers

- A New Leaf • Community Bridges, Inc.
- National Council on Alcoholism & Drug Dependence (NCADD)
- Northern AZ Regional Behavioral Health Authority (NARBHA)
- Parc Place Residential Treatment Center
- PSA Behavioral Health Agency • SAMHC Behavioral Health
- SequelCare of Arizona • Southwest Behavioral Health Services
- TERROS, Inc. • The Haven • Valley Hope Association

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Registration Form

3 WAYS TO REGISTER:

ONLINE: www.azsws.org

FAX: 480-736-4939

MAIL TO: Southwestern School, 1232 E. Broadway Rd., Suite 120, Tempe, AZ 85282

YOU MUST COMPLETE ENTIRE FORM IN ORDER TO BE REGISTERED Provide all information, complete all blanks, and make workshop selections. Please print clearly.

Name (last, first): _____

Home Address: _____ Agency Name: _____

City/State/Zip: _____ Agency Address: _____

Home Phone: _____ City/State/Zip: _____

Email: _____ Business Phone: _____

SESSION SIGN UP – CIRCLE the number of all sessions you will be attending, including General Sessions.

Choose **ONLY ONE** Workshop offered during the same time period. **You must register for both parts of a two-part workshop.**

SUNDAY, AUGUST 22nd

PRE-CONFERENCE TRAINING

9:00AM-4:00PM

[01] Clinical Supervision (6 hours) 75 Limit
(Includes Lunch)

MONDAY, AUG 23rd

8:15-10:00 GENERAL SESSION

[02] Hidden Power of Language

10:15-12:00 GENERAL SESSION

[03] Mapping the Path to Death for
Victims of Bullying

1:30-3:15 WORKSHOPS *Choose One*

[04] Exploring Road to Sex Addiction
PART 1

[05] Equine Assisted Learning (EAP/EAL)
PART 1

[06] Understanding Dementia

[07] Screening Risk for Victims of Bullying

[08] Legal & Ethical Issues **PART 1**

[09] Being an Ally for LGBTQ Youth

[10] Finding your Voice through Guided
Interactive Experiencing **PART 1**

[11] Effective Compliance Programs

[12] Positive Psychology for Therapists

[13] Early Childhood Mental Health

[14] Dialectical Behavior Therapy (DBT)

3:30-5:15 WORKSHOPS *Choose One*

[15] Action Methods to Accept Addictive
Process

[16] Sex Addiction **PART 2**

[17] Equine Learning **PART 2**

[18] Victims of Bullying **REPEAT OF** [07]

[19] Legal & Ethical Issues **PART 2**

[20] Interactive Experience **PART 2**

[21] Roots of Stigma

[22] Handwriting as Diagnostic Tool

[23] Making Sense of Sensory

[24] Prescription Drug Abuse and Tx.

5:30-7:15 SPECIAL EVENING SESSION

[25] AzBBHE Update

TUESDAY, AUG 24th

8:15-10:00 GENERAL SESSION

[26] Effects of Trauma on AI/AN Children

10:15-12:00 GENERAL SESSION

[27] CBT & Psychology of Mindfulness

1:30-3:15 WORKSHOPS *Choose One*

[28] "Existential Encounters" in Outcomes

[29] CBT and Mindfulness

[30] Mindfulness Self-Care & Ethics **PART 1**

[31] Mending the Circle **PART 1**

[32] Integration of Multidimensional Health

[33] SafeTALK **PART 1**

[34] Honoring Communities **PART 1**

[35] Private Practice Impacts & Marketing

[36] Anger Management

[37] The Lost Art of Empathy

3:30-5:15 WORKSHOPS *Choose One*

[38] Compulsive Gambling

[39] CBT and Mindfulness **REPEAT OF** [29]

[40] Mindfulness Self-Care & Ethics **PART 2**

[41] Mending the Circle **PART 2**

[42] SafeTALK **PART 2**

[43] Mental Health 3.0 and Dashboards

[44] Honoring Communities **PART 2**

[45] Growing Older, Growing Better

[46] Opioid Dependence & Suboxone

5:30-6:30 POSTER BOARD SESSION

WEDNESDAY, AUG 25th

8:15-10:00 GENERAL SESSION

[47] Healing Ourselves from Susto, Sadness,
Loss & Depression

10:15-12:00 GENERAL SESSION

[48] Challenges and Opportunities

12:00-2:00 RECOGNITION LUNCHEON

[49] How Recovery Can Save a Family

2:00-3:30 WORKSHOPS *Choose One*

[50] Expressive Arts Heal Traumatized Children

[51] Cybersex Addictions

[52] Secure Attachment in Children **PART 1**

[53] Az. Mental Health Laws **PART 1**

[54] Healing the Healer

[55] Balancing Life with Ancient Practices
PART 1

[56] Creative Use of Peer Support

[57] Brain Injury **PART 1**

[58] Awakening the Dreamer **PART 1**

[59] Adolescent Suicide

3:45-5:15 WORKSHOPS *Choose One*

[60] Online Therapy for S/A Patients

[61] Partners of Sex Addicts

[62] Secure Attachment in Children **PART 2**

[63] Az. Mental Health Laws **PART 2**

[64] Healing the Healer **REPEAT OF** [54]

[65] Balancing Life with Ancient Practices
PART 2

[66] Suicide in Veteran & Military Population

[67] Brain Injury **PART 2**

[68] Awakening the Dreamer **PART 2**

[69] Mindfulness-Based Practices in
Therapeutic Community Settings

THURSDAY, AUG 26th

9:00 AM – NOON GENERAL SESSION

[70] Generational Workforce Diversity
and Leadership Strategy

1:00 PM – 4:00 PM GENERAL SESSION

[71] Breaking the SILENCE: Working with Deaf
and Hard of Hearing Clients

CONFERENCE COSTS

Early Bird Rate Before July 23rd \$360 (Mon.-Thur.) = \$ _____

Regular Full Conference Rate After July 23rd \$395 = \$ _____

Pre-Conference Training \$150 (Aug. 22nd) = \$ _____

5-Day Discount Rate \$475 = \$ _____

(Must attend ALL 5 days, 4-Day Conference +
Pre-Conference)

Student Rate \$75/Daily Rate = \$ _____

(Must be currently enrolled in a university degree
program & submit proof of enrollment. Pre-
Conference not included in this rate)

Daily Rate \$110 x _____ days = \$ _____

(Must register at daily rate if not attending entire
4-Day conference.)

Recognition Luncheon – Wed, \$20 x _____ tickets = \$ _____

(Attendees will receive 1 continuing education hour at Luncheon)

Special dietary needs: _____

Conference T-Shirt \$10 x _____ shirts = \$ _____

Circle size: S M L XL XXL XXXL

Conference Mug \$7 x _____ mugs = \$ _____

TOTAL \$ _____

METHOD OF PAYMENT Due prior to conference to insure registration.

Cash _____

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REQUESTED DATA Please circle appropriate information.

Registrant Type: Participant Speaker/Faculty

Sponsor Exhibitor

Area of Practice: Addictions Mental Health Both Other: _____

Years in Field: 0-2 3-5 6-9 10-14 15+

Ethnicity: African American Asian American Caucasian

Hispanic/Latino Other: _____

Native American – Tribe Affiliation: _____

Job Identification: Counselor/Therapist Social Worker Psychologist

CJS/Corrections Probation/Parole Case Manager

Nurse Supervisor Administrator Clinical Service Liason

License Type or Degree: _____

SUNDAY August 22nd

PRE-CONFERENCE TRAINING 9 a.m.-4 p.m.

(6 hours Continuing Education)

[01] "The Real Reality Show: Critical Incidents in Clinical Supervision"

This workshop will be a conversation about messy and anxiety inducing situations we confront daily in the practice of clinical supervision. We will focus on lived situations presented by the participants who are to bring three examples of: 1. One past or present critical incident scenario with their own current or past supervisor, administration of their organization, or external legal or regulatory body, and 2. Two past or present critical incident scenarios experienced as supervisors in relation to their supervisees.

LIMITED TO 75 PARTICIPANTS.

Robert Kafes, DCSW, ACSW, LCSW

MONDAY August 23rd

8:15 - 10:00 GENERAL SESSION

[02] "Using the Hidden Power of Language for Superior Client Outcomes and Self-Improvement"

From a clinical perspective, *priming* is a general, overarching term used to describe any type of statement that directly or indirectly introduces new ideas to clients and prepares them for new perspectives and behaviors. This laugh-while-you learn presentation will explain what *priming* is, how and why it is influential, and teach you how to incorporate priming into your therapeutic dialogue and increase the impact of your counseling.

Clifton Mitchell, Ph.D.

10:15 - 12:00 GENERAL SESSION

[03] "Decisions with Lethal Consequences: Mapping the Path to Death for Victims of Bullying"

Escaping persistent bullying is a surmountable task for children, and when options seem to run out, a small number of children will make terrible choices. This workshop examines individual, social and family determinants that create the foundation of vulnerability for victims of bullying who either complete suicide or commit violent acts towards others.

Butch Losey, Ed.D

1:30 - 3:15 WORKSHOPS Choose one

[04] "Exploring the Road to Sex Addiction: The Journey from Trauma to Sexual Addiction in the Adult Client" PART 1

Part one of this two-part workshop will explore how unresolved attachment and trauma influences

maladaptive sexual behavior. Part two will address the diagnosis and treatment of the sexually addicted client. **Debra L. Kaplan, M.A.**

[05] "Equine Assisted Psychotherapy/Equine Assisted Learning (EAP/EAL)" PART 1

This hands-on workshop will provide participants with the opportunity to experience EAP/EAL up close and in person. Learn how this "out of the box" therapy can benefit clients in both a stand-alone fashion and as an adjunct therapy. **LIMITED TO 20 PARTICIPANTS.** Must wear closed toed shoes; no riding of horses involved in this workshop. **Shawn M. Rodrigues, LPC**

[06] "Sensitivity and Dignity in Understanding Dementia"

This workshop will encourage the participant to understand Dementia in a cultural context. **Terri Waldman, LMSW**

[07] "Screening Risk of Suicide & Violence for Victims of Bullying"

Participants of this workshop will learn the characteristics of the relationship between bullying, suicide & violence and a method for assessing the impact and risk collectively. Participants will learn to use a suicide factor screening tool, the BLSS. **Butch Losey, Ed.D**

[08] "Current Legal and Ethical Issues for Mental Health Professionals" PART 1

This workshop is designed to test your legal and ethical knowledge while exploring how to manage some of the most perplexing legal and ethical quandaries. Some of the topics addressed include: informed consent, confidentiality, child abuse, duty to warn, self-mutilation, and dual relationships. **Clifton Mitchell, Ph.D.**

[09] "Being an Ally for LGBTQ Youth"

This workshop will raise awareness and create a better understanding of the issues that LGBTQ youth encounter in their school and community. Participants will identify strategies and will receive resources that can be utilized to help create safe and inclusive environments for all. **Debbie Sant, M.Ed., Michael Carr, MSW**

[10] "Clinician Development: Finding Your Voice Through Guided Interactive Experiencing" PART 1

This workshop explores how voice dynamics and indirect hypnotic techniques can bolster clinical efficiency relating to your professional practice. It includes the history & background of hypnotherapy & related modalities & literature review. Workshop is one-half experimental and one-half didactic. **George Gafner, LCSW**

[11] "Protecting Your Revenue Through an Effective Compliance Program"

The presentation provides an overview of State and Federal laws and regulations which require organizations to comply to invoice private insurance, Medicare, and Medicaid. State and Federal requirements for an effective compliance program will be reviewed as well as the key processes for implementing an effective compliance program. **Mark A. Sawyer, CHC**

[12] "Positive Psychology for Psychotherapists"

This workshop is designed for therapists and will help them learn how to apply positive psychology in their work with their clients and to improve their self-care. **Russell Johnson, M.A.**

[13] "Early Childhood Mental Health: Being Mindful of Babies' First Language"

This workshop will focus on being able to read the non-verbal communication of infants and toddlers with their adult caregivers, who are not trained on how to read these cues and sometimes find it difficult to know what the babies/toddlers need and want. **Kathryn Seidler, LCSW**

[14] "Dialectical Behavior Therapy: Introduction and Application in Outpatient Treatment"

DBT has particular efficacy in consumers with chronic suicidal or self-harming behaviors. This workshop introduces the four modules of group skills training: core mindfulness, emotion regulation, distress tolerance, and interpersonal effectiveness along with homework and diary cards. **Michelle Rollins, LPC**

3:30 - 5:15 WORKSHOPS Choose one

[15] "Action Methods Used to Recognize and Accept Addictive Process Powerlessness and Unmanageability"

Participate in a demonstration of how effective action methods are to provide our clients with the emotional/physical/spiritual experience they need to accept powerlessness and unmanageability and reach out for help to move forward in their recovery. **Adena Bank Lees, LCSW**

[16] "Exploring the Road to Sex Addiction: The Journey from Trauma to Sexual Addiction in the Adult Client" PART 2

Continuation of [4] **Debra L. Kaplan, M.A.**

[17] "Equine Assisted Psychotherapy/Equine Assisted Learning (EAP/EAL)" PART 2

Continuation of [5] **Shawn M. Rodrigues, LPC**

[18] "Screening Risk of Suicide & Violence for Victims of Bullying"

Repeat of [7] **Butch Losey, Ed.D**

[19] "Current Legal and Ethical Issues for Mental Health Professionals" PART 2

Continuation of [8] **Clifton Mitchell, Ph.D.**

[20] "Clinician Development: Finding Your Voice Through Guided Interactive Experiencing" PART 2

Continuation of [10] **George Gafner, LCSW**

[21] "Roots of Stigma"

Examine compelling historical data that demonstrates long standing history of discrimination of people with mental illness in the US, tracing the history of eugenics and review modern day practices that might be considered eugenics. **Lisa St. George, MSW**

[22] "Handwriting as a Diagnostic Aid"

Handwriting can be used as a diagnostic aid to detect substance abuse, depression, schizophrenia, OCD, DID, dementia, and other disorders. It is also an aid in assessing how patients react to medications and therapy. **Heidi H. Harralson, MA**

[23] "Making Sense of Sensory: The Nature and Impact of Self-Regulatory Differences"

This highly interactive workshop will use personal experiences to build awareness and discussion of various self-regulatory challenges that impact the perceptions and actions of persons on the autism spectrum, or with related developmental differences. **Ann Branning, MSW**
Stacia Ortega,, BS

[24] "Prescription Drug Abuse and Treatment"

Research shows that 6.2 Million people over the age of 12 are currently using prescription medication for non prescribed use. Participants will learn skills and interventions for treating prescription medication abuse of addiction. **Richard Poppy, M.A., LISAC**

**5:30 - 7:15
SPECIAL EVENING SESSION****[25] "AzBBHE Update"**

This workshop will give legal updates from the AZ Board of Behavioral Health Examiners. Come with questions, as the session is interactive and designed to meet your professional needs. **Debra Rinaudo, JD**

**TUESDAY
August 24th****8:15 - 10:00 GENERAL SESSION****[26] "The Effects of Trauma on American Indian and Alaska Native Children in Indian Country"**

American Indian and Alaska Native (AI/AN) children are at higher risk for trauma exposure and trauma-related sequela (e.g., depression, suicide, substance use, school dropout) than children of other cultural and ethnic groups. This presentation will provide information on trauma informed principles as well as the various kinds of trauma exposure with this population. Emphasis will be placed on understanding the need for trauma informed principles in service delivery to reduce the impact of trauma on AI/AN children and their families. **Dolores Subia BigFoot, Ph.D.**

10:15 - 12:00 GENERAL SESSION**[27] "Cognitive Behavioral Therapy and the Psychology of Mindfulness: Ancient Wisdom meets Modern Neuroscience"**

This presentation introduces the community of therapists to the basics of the latest research showing the effectiveness of mindfulness as an

adjunct to standard CBT treatments for anxiety and depression. **Donald F. Sloane, LCSW**

1:30 - 3:15 WORKSHOPS Choose one**[28] "Common Factors" are an Existential Approach Which Enhances Other Methods and Models"**

Common or contextual factors contribute to a fair amount of variance in therapy outcome. The optimism of a meaningful "existential encounter" supports hope and expectations of clients in distress. **Bob Bohanske, Ph.D.**

[29] "CBT and Mindfulness"

Neuroscience has found that mindfulness practice increases brain activity in areas associated with elevated joy and tranquility. Mindfulness & CBT is now being combined for the treatment of depression & anxiety disorders. This workshop presents experiential exercises integrating these techniques. **Donald F. Sloane, LCSW**

[30] "Mindfulness Self-Care as an Ethical Imperative" PART 1

This program will educate participants about practical ethical concerns, and assist them in developing a course of action that will facilitate handling legal and ethical dilemmas in an effective and mindful manner. **Lawrence M. Sideman, Ph.D.**

[31] "Implementation of Culturally Adapted Evidence Based Treatments with American Indian and Alaska Native Children and Their Families" PART 1

This workshop will include an overview of the Honoring Children-Mending the Circle adaptation of TF-CBT, and how Mending the Circle incorporates traditional AI/AN beliefs and practices about behavior, health, healing, humor and children. **Dolores Subia BigFoot, Ph.D.**

[32] "True Integration Through Multidimensional Health"

This presentation will show how the multidimensional model of health is being implemented at *the CENTER "Empowering People...Inspiring Wellness"*. The seven dimensions of wellness will be discussed. Participants will understand how the dimensions are inter-related and inseparable. **Jack Beveridge, MA**

[33] "SafeTALK: Suicide Alertness for Everyone" PART 1

SafeTALK will teach participants to recognize suicidal individuals requesting help (either directly or indirectly) and to connect them with community resources trained in suicide intervention. Learn how to activate an alert, ask questions and enter discussions, and conclude with practice in activating a suicide alert. **Heather L. Brown, BA**

[34] "Honoring the Communities Within and Without" PART 1

This workshop discusses the power struggles of our lives that keep us distanced from our own inner conflicts - using guided imagery to make peace with the various parts of self, our intimate relationships,

and the world. **Charles D. Leviton, EdD**
Patti Leviton, MA

[35] "...But I Did Not Learn Business and Marketing In Grad School!"

This workshop will focus on issues that impact the mental health profession, particularly private practice. It also will address the business and marketing aspects of practice. **Camielle Call, LCSW**

[36] "Anger Management"

This workshop explores the connection between "Closed-minded Thinking" and inter-personal conflicts and offers two powerful tools for resolving conflicts with substance abusing clients and their families. **Mike Speakman, LISAC**

[37] "The Lost Art of Empathy"

This workshop explores the challenges of teaching and utilizing empathy in counseling sessions, supervision, and the classroom. Guided by a successfully tested Empathy Rubric, participants are instructed on the three levels of empathy and how these skills operationalize in terms of counselor competency. **Vallery Coats, EdD**

3:30 - 5:15 WORKSHOPS Choose one**[38] "Compulsive Gambling...Are There Really Any Winners?"**

This workshop explores specifics related to the addiction to gambling and approaches that may be helpful in providing effective treatment. Methods to effectively treat legal and financial consequences with emphasis on recovery will be covered. **Bobbe McGinley, LISAC, Dan Altman, LISAC**

[39] "CBT and Mindfulness"

Repeat of [29] **Donald F. Sloane, LCSW**

[40] "Mindfulness Self-Care as an Ethical Imperative" PART 2

Continuation of [30]
Lawrence M. Sideman, Ph.D.

[41] "Implementation of Culturally Adapted Evidence Based Treatments with American Indian and Alaska Native Children and Their Families" PART 2

Continuation of [31] **Dolores Subia BigFoot, Ph.D.**

[42] "SafeTALK: Suicide Alertness for Everyone" PART 2

Continuation of [33] **Heather L. Brown, BA**

[43] "Mental Health 3.0 – Using the Harvard Balanced Scoreboard to Drive Performance & Improve Clinical Outcomes"

Learn about the interactive, online provider dashboard that provides real-time performance data to service recipients, their families, provider agencies and other stakeholders. Participants will learn to develop their own dashboards that work. **David Covington, LPC, MBA, Shawn Thiele, MSW**

[44] "Honoring the Communities Within and Without" PART 2

Continuation of [34] **Charles D. Leviton, EdD**
Patti Leviton, MA

[45] "Growing Older, Growing Better – Professional and Menopausal"

Participants will learn about the symptoms of menopause and how to work with them, around them, and in spite of them. Participants will learn what kind of balance is required at this time of life and learn to recognize and celebrate your emerging authentic self! **Betsy Wraight, M.S.**
Margaret Daggett, M.Ed.

[46] "Opioid Dependence & Suboxone: Easy, Efficacious, & Gratifying"

Opioid dependence can happen to anyone – friend, co-worker, spouse, brother, sister, your child or a parent. In 2008 approximately 2 million patients were dependent on Opioid prescription painkillers or heroin. **Michael Scott, MD**

WEDNESDAY

August 25th

8:15 - 10:00 GENERAL SESSION

[47] "Healing Ourselves from Susto, Sadness, Loss, and Depression"

Sacred Circles, through the use of traditional storytelling (narrative processing), indigenous music, sounds, dance social/historical case scenarios, will explore the culturally based issues and healing of "susto", sadness, loss, and depression.

Jerry Tello and Sacred Circles

10:15 - 12:00 GENERAL SESSION

[48] "Behavioral Health 2010 – Challenges and Opportunities"

SAMHSA Administrator, Pamela Hyde will share the Agency's direction through the recently developed 10 Strategic Initiatives. Increased access to and demand for prevention, early intervention, treatment and recovery support services provides an unprecedented opportunity and challenge for the behavioral health community. Ms. Hyde will discuss the exciting possibilities that the recently passed Affordable Care Act brings to individuals, families, communities and providers. **Pamela Hyde, J.D.**

12:15 - 2:00

RECOGNITION LUNCHEON

[49] "How Recovery Can Save a Family"

Authors of "ADDICTED LIKE ME, A Mother-Daughter Story of Substance Abuse and Recovery", **Karen Franklin** and **Lauren King** share their devastating personal accounts of addiction and how it spreads through a family. With bold honesty **Franklin** and **King** tell a story of hope and recovery and offer insights into how to break the cycle. **Karen Franklin & Lauren King**



2:00 - 3:30 WORKSHOPS Choose one

[50] "Expressive Arts as a Means of Healing Traumatized Children"

Learn about the work of The Hopi Foundation's project that works with families impacted by torture, trauma or traumatic dislocation. See examples of their outcomes and put pen to paper and try an exercise. **Marge Pellegrino, Abigail Hungwe**

[51] "Cybersex Addictions: Sex Rehab Facts & Treatment"

This workshop will examine treatment for cybersex addictions, in addition to other sex or relationship addictions. **Carol J Ross, LPC**

[52] "Delight in Me: Growing the Skills for Secure Attachment in Children" PART 1

The latest developments in attachment, neurobiology, and trauma show that it is never too late to create an anchor of safety and connection in children who missed out the first time around. Come and learn how to grow these all-important relationship skills for children. **Kenneth E. Miller, LCSW**

[53] "Arizona's Mental Health Law" PART 1

Review the statutes, court decisions, and administrative agency regulations that comprise Arizona's mental health law. This program will be useful for those involved in clinical practice with adults and juveniles in the legal system. **Larry Cohen, PhD, JD**

[54] "Healing the Healer: Maintaining Balance While Being of Service"

Explore and experientially guide participants through traditional processes of regaining balance in one's life. Integrating indigenous Aztec/Mayan sounds, stories, music and movement. Sacred Circles will demonstrate the significance of culturally based healing. **Jerry Tello and Sacred Circles**

[55] "Balancing a Life With Ancient Practices: Development of Alcohol-Free Life Skills" PART 1

Workshop explores life experiences of living with the contemporary western American society, while perceiving an idea of being Indian. Creation of a positive self-image of being native through the means of grasping and developing a manner of living that requires sustained practice of ancient skills. **Donald K. Nelson**

[56] "Peer Support and the Unique Opportunity to Move Forward"

Raise awareness of peer support specialists and ways to find creative ways to use peer support. Discuss the benefits of having a peer support specialist working with your organization. **Valerie Jenks**

[57] "Brain Injury: Understanding the Implications of Mild TBI and Dysexecutive Functioning" PART 1

The first session will review acquired brain injuries and the impacts of injury on behavior. Emphasis will be on screening to identify brain injury as a cause for changes in behavior. **See part 2.**
Susan M. Wolf, Ph.D.

[58] "Awakening the Dreamer: New Possibilities for the Future as World Change Agents through Community Mindfulness" PART 1

This presentation explores individual and community mindfulness regarding global social, environmental, and spiritual issues, illustrating how these are not separate issues but interconnected facets of one crisis. **Pamela Jay, LISAC**

[59] "Adolescent Suicide: Risk Factors and Implications for Intervention"

Workshop presents increased awareness of what risk factors contribute to adolescent suicide, and what interventions are most effective in working with teen population with high risk behaviors. **Nathan A. Velez, MA**

3:45 - 5:15 WORKSHOPS Choose one

[60] "Online Therapy for Substance Abuse Patients"

Presentation on Valley Hope's Accessible Care Effective Support Services (AC/ESS) multi-modality therapy and how it has benefitted patients on an outpatient basis with substance abuse problems through online therapy. **Jolene Nichols, CADC Holly Miorandi, LISAC**

[61] "Partners of Sex Addicts: Building the Bridge from Shame to Self Empowerment"

For partners of sex addicts or co-sex addicts, discovering their partner's sexual acting out behaviors can feel shameful, hurtful, and overwhelming. Recovery for co-sex addicts means healing through all the feelings of fear, pain, and anger and building a sense of self-empowerment. **Lauren Hoyt, LAMFT**

[62] "Delight in Me: Growing the Skills for Secure Attachment in Children" PART 2

Continuation of [52] **Kenneth E. Miller, LCSW**

[63] "Arizona's Mental Health Law" PART 2

Continuation of [53] **Larry Cohen, PhD, JD**

[64] "Healing the Healer: Maintaining Balance While Being of Service"

Repeat of [54] **Jerry Tello and Sacred Circles**

[65] "Balancing a Life With Ancient Practices: Development of Alcohol-Free Life Skills" PART 2

Continuation of [55] **Donald K. Nelson**

Continued on Page 4

**Southwestern School
for Behavioral Health Studies**

[66] "Suicide in the Veteran and Military Population: Strategies for Prevention and Clinical Care"

This presentation will provide an overview of the specific needs of the veteran/military population and the VA's Suicide Prevention Program.
Ali Cassidy, LCSW

[67] "Brain Injury: Understanding the Implications of Mild TBI and Dysexecutive Functioning" PART 2

Continuation of [57] Includes more in-depth discussion of the effects of executive dysfunction and concerns for self-determination and informed choice with respect to the therapeutic interventions.
Susan M. Wolf, PhD

[68] "Awakening the Dreamer: New Possibilities for the Future as World Change Agents through Community Mindfulness" PART 2

Continuation of [58] Pamela Jay, LISAC

[69] "Grounded in the Present: Mindfulness-Based Practices in Residential Therapeutic Community Settings"

In this interactive presentation, participants will recognize the personal and collective transformation that is possible when children, parents, and families become more mindful. The theoretical basis of Mindfulness-Based Cognitive Therapy (MBCT) will be presented.
Mary, M. Stanton, LADAC
Robin Rettmer, LISAC

**THURSDAY
August 27th**

9:00 - 12:00 GENERAL SESSION

[70] "Generational Workforce Diversity and Leadership Strategy"

For the first time in American history, there are 5 generations of living generations in America and 4 of them are active in the workplace. Each generation experienced unique times and teachings so each developed unique core values. To understand generational influences on our attitudes towards job, workplace, employer & career choices, we must understand what each generation experienced, and was taught, during its formative years. **Chuck Underwood**

1:00 - 4:00 GENERAL SESSION

[71] "Breaking the SILENCE: Working with Deaf and Hard of Hearing Clients"

A dynamic three hour interactive presentation that will leave you speechless. Welcome to the world of deafness. **Rocky De Buano, BSE**

TO ENROLL

On-Line: www.azsws.org

Fax: 480-736-4939

Mail: **Southwest School,
c/o: EMPACT-SPC**
1232 E. Broadway Rd,
Ste 120,
Tempe, AZ. 85282

Fees are payable in advance. To ensure a seat in the classes you want, registration and payment should be completed as soon as possible. Online registration guarantees instant confirmation. Some classes are limited by instructor or room size and popular workshops fill up fast. DO NOT ASSUME you are registered until you receive a confirmation. Requesting attendance through your agency does not ensure that you are registered with SWS. Questions or need more information? Phone: Michele Brown 480-784-1514 x1508, Email: swsinfo@empact-spc.com. If you cancel your registration prior to 8/13/10, your registration fee will be refunded, less a \$50 processing charge. NO refunds for cancellations received after 8/13/10. You may send a substitute with advance notice and approval from SWS. No-Shows are still due and payable IN FULL, as food and materials are purchased based on your registration. In case of emergency, SWS reserves the right to provide a substitute instructor of equivalent qualifications.

VERIFICATION OF ATTENDANCE

State boards and governing bodies require verification of attendance in order to award continuing education hours. A Punch Card system is used in place of Sign-In Sheets to facilitate ease of large audiences. Each participant will be given a Punch Card (session confirmation form) at registration check-in. As proof of attendance, this Punch Card is to be presented and marked by the class monitor at the end of every session you attend. You are required to attend the entire workshop in order to receive credit. Upon your final departure from the conference, you MUST return this Punch Card, along with your Evaluation Booklet, to the registration area. Participants will get their Certificate when they leave the SWS. **Please double-check information you have given us on your Punch Card, including a current email address, for future communication with the SWS.**

**SPONSORING/
EXHIBITING**

Registration discounts are available to Participating Sponsors. To obtain discounts on registration as a Sponsor, or to Exhibit, please call **Michele Brown** at **480-784-1514 x1508**.

This is a fantastic opportunity for you to support the SWS while networking with Arizona professionals and displaying your unique programs/services in the Exhibit Hall.

SWS & EMPACT-SPC gratefully acknowledge the contributions, promotional assistance, sponsors, exhibitors, and other support provided for making this year's conference a success. Exhibitors include:

- Alcoholics Anonymous
- Alkermes
- Amity Foundation-Circle Tree Ranch
- Argosy University
- Arizona Council of Human Service Providers
- Arizona Smokers' Helpline
- Arizona Suicide Prevention Coalition
- Arizona's Children Association
- ASLID
- ASU – College of Nursing & Health Innovation
- ASU – Doctor of Behavioral Health Program
- Aurora Tempe Behavioral Healthcare
- BoomerDolls dba Sweaty-Betty
- Bristol-Myers Squibb
- Center for Applied Behavioral Health Policy
- Center for Relaxation
- Child Focus, Inc.
- ClaimTrak
- Desert Star ARC
- Empowerment Systems, Inc.
- Grand Canyon University
- Hearts Desire Creations
- Mostly Books
- Narcotics Anonymous
- Office of Problem Gambling
- Palo Verde Hospital
- Pascua Yaqui, Centered Spirit Program
- Reckitt Benckiser
- Sonora Behavioral Health
- Southwest Health Professions Education Center, Inc.
- Synergy Seminars
- Youth Advocate Programs, Inc.

For session descriptions, including learning objectives, visit the website at www.azsws.org

YOUR DISTINGUISHED SPEAKERS



Dolores Subia BigFoot, PhD is an enrolled member of the Caddo Nation of Oklahoma and an Assistant Professor in the Department of Pediatrics, University of Oklahoma Health Sciences Center, in Oklahoma City, Oklahoma. Dr. BigFoot is the Director of the Indian Country Child Trauma Center that is part of the National Child Traumatic Stress Network. She directs the adaptation of evidence-based trauma treatments for use with American Indian/Alaskan Native children titled *Honoring Children Series*. Dr. BigFoot is recognized for her efforts to bring traditional American Indian practices and beliefs into the formal teaching and instruction of American Indian people and professionals working with Native populations.

Rocky De Buano, the founder and interpreter of Arizona Sign Language Interpreting for the Deaf, currently possesses a BSE in Special Education/ Rehabilitation and Deaf Culture. Additionally, Rocky is a RID CI/ CT interpreter and holds the "Q" certification (specialized mental health interpreter). Rocky is an accomplished speaker and presents national workshops/training pertaining to Deafness, Language proficiency, Mental Health interpreting and cultural competency.



Pamela S. Hyde, J.D., is the newly appointed Administrator of SAMHSA and comes with more than 30 years experience in management and consulting for public healthcare and human services agencies. She has served as a state mental health director, state human services director, city housing and human services director, as well as CEO of a private non-profit managed behavioral healthcare firm. In 2003 she was appointed cabinet secretary of New Mexico Human Services Dept. by Gov. Bill Richardson.



Robert Kafes, DCSW, ACSW, LCSW, Board Certified Diplomate is in the private practice of psychotherapy, psychoanalysis, supervision, and consultation. He facilitates several case consultation groups for psychotherapists and clinical supervisors in Tucson. Bob is the former director of mental health services at Southern Arizona Center Against Sexual Assault, regional director Arizona Youth Advocate Program, and senior therapist and founding director, Institute of Continuing Education for Human Service Professionals, Jewish Family and Children's Service.



Education for Human Service Professionals, Jewish Family and Children's Service.

Karen Franklin and Lauren King are a mother- daughter writing team. They co-

authored *Addicted Like Me* which offers a detailed personal account of addiction and how it affects the entire family. Karen recounts her own past as a young addict, her struggles, and ultimately her husband's and children's addictions. Lauren tells of her own spiral of addiction and recovery. Both mother and daughter live in Arizona.



Butch Losey, EdD is the Director of Training for Child Focus, a community mental health agency in Cincinnati Ohio. He has over 20 years experience in the mental health field and is a licensed professional clinical counselor. He is a member of a county wide crisis response team, has worked for a suicide hotline, and is a Past President of the Greater Cincinnati Counseling Association. He received his doctorate in counselor education at the University of Cincinnati. Butch is a national speaker on bullying prevention and other mental health topics. He co-created the Bullying Lethality Screening System (BLSS) to assist professionals with assessing risk for victims of bullying.



Sacred Circles (Jerry Tello, Susanna Armijo, Citlali Arvizu Carmelo, Xavier Quijas Yxayoti) is a multi-faceted group of community, cultural teachers who combine their talent and experience to provide workshops that promote strengthening and healing in families and communities.



Clifton Mitchell, Ph.D., Licensed Psychologist, has the love for teaching and over 20 years experience as a trainer and keynote speaker. He has taught hundreds of mental health organizations, businesses, leadership groups and civic organizations effective techniques for improving communications and for creating change through the precise use of language. He has taught and written on legal and ethical issues and is the author of *Effective Techniques for Dealing with Highly Resistant Clients*.



Jerry Tello, MS is an internationally recognized authority in the areas of family strengthening, violence prevention/intervention, therapeutic healing and cross-cultural issues. As a noted therapist, author, performer and program developer, Jerry has incorporated real life experience, research based knowledge and indigenous teachings to engage all in a reality-based healing and growth-inspiring experience. He is also the director and member of Sacred Circles, who will also be presenting at the SWS.



Donald F. Sloane, LCSW, is the Director of the Center for Cognitive Behavioral Therapy, St. Louis, and has over 30 years of clinical experience, using CBT since 1982. Don taught CBT at Washington University for 17 years to graduate students and trains around the country on a number of topics related to CBT. Don is also a lay ordained Chan Buddhist teacher. He practices meditation from the Chan (Zen) tradition and has taken lay precepts and vows from the Linji tradition.



Chuck Underwood is the founder/president of The Generational Imperative, the Ohio-based generational consulting firm that consults and trains executive- and management-level personnel at corporations and organizations on Generational Workplace Strategy and Generational Marketplace Strategy. His book on generational business strategy is considered THE comprehensive presentation of generational business strategy (*The Generational Imperative: Understanding Generational Differences In The Workplace, Marketplace, And Living Room*). In addition, Chuck is the host of the national-TV series "America's Generations With Chuck Underwood", which is televised on PBS stations nationwide.



42nd ANNUAL

SWS 2010

Southwestern School for Behavioral Health Studies

Conference Highlights

The Mindful Self in Recovery:

Building Healthy Communities One Person at a Time

PRE-CONFERENCE TRAINING

SUNDAY, August 22nd

9:00am - 4:00 pm

"Clinical Supervision: 1-day (6 hour) Training"

by Robert Kafes, DCSW, ACSW, LCSW

Cost for the training is \$150, which includes a morning beverage service and Loews' Philadelphia Freedom lunch buffet.

RECOGNITION LUNCHEON

WEDNESDAY, August 25th

12:00-2:00 pm

Told through the voices of a mother-daughter writing team, *"Addicted Like Me"* offers a personal account of addiction and how it affects the entire family. Come join the authors, Karen Franklin and Lauren King, as they tell their story from two perspectives and illuminate how recovery can save a family. This is a gripping story that also offers hope and help to individuals and families suffering from addiction.

SPECIAL SESSIONS:

MONDAY, August 23rd

5:30pm-7:15pm

"ABBHE Update" Debra Rinaudo, J.D., will present updated issues facing licensed practitioners

TUESDAY, August 24th

5:30pm-6:30 pm

"Poster Board Presentations" Come read poster boards and enjoy informal talks with practitioners and students who have completed relevant research and promising practices in the mental health field.

One hour of continuing education will be awarded people who attend.

AA meetings will be held Monday, Tuesday & Wednesday evenings from 7-8pm on site at Loews.

Conference T-Shirts and Commemorative Mugs can be ordered through the registration form. A very limited number will be available at the conference.



Shirts \$10

100% cotton, preshrunk.



Mugs \$7

SWS CONFERENCE HOTEL LOCATION and RATES

Loews Ventana Canyon

7000 N. Resort Drive

Tucson AZ 85750

Special Low Rate:

\$83/Single; \$121/Double

1-800-234-5117

www.loewshotels.com



LOEWS
VENTANA CANYON

Loews Ventana Canyon is again the host of the Southwestern School's 42nd Annual Conference. Visit this beautiful hotel at www.loewshotels.com. To obtain preferred rates call (520) 299-2020 or (800) 234-5117 and identify your affiliation with Southwestern School. Reservations must be made no later than July 30th. These special, low conference rates are offered three days prior to the opening of the Conference and three days after the closing, for those who wish to extend their stay while in Tucson. Rates cannot be changed at check-in or check-out, so don't fail to identify your affiliation at the time the reservation is made. Reservation requests made after July 30th will be accepted on a space available basis and may be at a much higher rate! Check-in time is 4:00PM and check out time is Noon. All workshops will be held at this hotel and parking is complimentary to hotel guests and conference attendees.



The SWS is pleased to offer APA approved continuing education for some of its workshops, sponsored by the Training Institute at Southwest Behavioral Health Services. Contact Michele Brown for details.